

Recognising and Responding to Trauma

Trauma informed approaches to healing and working with Aboriginal and Torres Strait Islander children, families and communities

Workshop: \$220 per person

Monday 20th November – Tuesday 21st November 2017

In Partnership with Coolabaroo Neighbourhood Centre and Yorganop Association Incorporated

Venue: Kuditj

201 Beaufort Street, Perth, Western Australia

Morning/Lunch/Afternoon Tea Provided

9:00 am - 4:30 pm

Key topics of discussion will be:

- What is Trauma – Complex, trans-generational and inter-generational for Aboriginal and Torres Strait Islander people
- Understanding historical and ongoing trauma for Aboriginal and Torres Strait Islander people
- Understanding attachment for Aboriginal and Torres Strait Islander children
- The impact of trauma on brain, childhood development and attachment
 - How does trauma impact on the spiritual/cultural, physiological and psychological self

Putting it into practice:

- Responding to trauma in culturally appropriate ways
- Responding to children and young people when they are distressed
- Easing the impact of trauma
- Living and working in community as an Aboriginal and Torres Strait Islander or non-Indigenous worker
 - Vicarious trauma, self-care and culturally appropriate supervision

The workshop is designed for:

This workshop is designed for Aboriginal and Torres Strait Islander workers as well as non-Indigenous workers in the community services sector who work with our children and young people who are affected by trauma. These include in roles including specific family trauma roles, family support workers, counsellors, child protection, out-of-home care, social housing, early childhood, youth work and related fields. Participation in the workshop is encouraged for all workers who engage or want to engage with our children and young people affected by trauma.

Please register early to ensure your spot in this workshop.

For information and to register please contact Tanya Wells, at SNAICC:

Tanya.Wells@snaicc.org.au 03 9489 8099